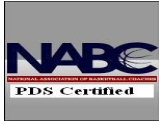


SHARPEN YOUR SKILLS ... LEARN PROPER TECHNIQUE GET STRONGER, FASTER AND JUMP HIGHER !



HLB'S ANNUAL PRESEASON PREP PROGRAMS

PLAYERS, GO TO TRYOUTS READY AND IN THE BEST SHAPE OF YOUR LIFE!

COACHES, SAVE PRACTICE TIME BY HAVING YOUR TEAM PHYSICALLY READY FROM DAY 1

The ONLY BASKETBALL SPECIFIC Preseason Prep Program run by NABC (National Association of Basketball Coaches) PDS Certified coaches in the Louisville area!

For: Boys & Girls GRADE 5 THROUGH 12

Each 1.5 hour session includes:

- ◆ Ballhandling & Shooting (Technique; vs. Pressure); Individual Defense; Creating offense with penetration.
- ◆ Basketball specific conditioning: Functional Strength, Agility/Footwork, Jump Training and Speed-work.

Location: Academy for Individual Excellence Gym (AIE), 3101 Bluebird Ln., Louisville 40299

HS Preseason BLITZ

High school players can enroll in 8 or 10 sessions

Dates: Sundays: 9/27, 10/4, 10/11 Saturdays: 10/3, 10/10 Tuesdays: 9/29, 10/6, 10/13 Thursdays: 10/1, 10/8

Middle School Tryout Prep

Middle school players in grades 5 thru 8 may enroll in any 8, 10 or 12 sessions

Dates: Sun: 10/4, 10/11, 10/25 Sat: 10/10, 10/17 Tues: 9/29, 10/6, 10/20, 10/27 Thur: 10/1, 10/15, 10/22

Session Times: Sundays & Saturdays: 3:00—4:30

Tuesdays & Thursdays: 7:30—9 pm

Program Fees:

8 sessions: \$219

10 sessions: \$259

12 sessions: \$299

Under \$18/hr for professional, certified coaches and trainers

Space Limited. \$100 Deposit holds your spot. Balance due by start of 1st session

(Deposits non-refundable unless sessions cancelled.)

****DISCOUNT PRICING AVAILABLE****

SEE WWW.HIGHERLEVELBB.COM FOR DETAILS

TEAM DISCOUNTS also available for 6 or more players from 1 team

Payment Methods: Cash, Check, Credit/Debit Card

For Information: Call 742 - 4857, ext. 4 or visit www.higherlevelbb.com for online registration

See Reverse for info about HLB's Shooting Clinics

PROGRAM REGISTRATION FORM *(this form may be copied)*

Player Name: _____ Age: _____ Grade: _____

Mailing Address: _____ Phone: _____

School: _____ Gender: M F

Parent/Guardians: _____ Contact #: _____

Basketball Experience : _____

Indicate Sessions Attending: _____

MAIL REGISTRATION & PAYMENT TO: HLB, 4626 Oak Pointe Dr, Louisville, KY 40245