



HLB FALL TEAM Program 2022
General Program Information - Boys Grades 6 through 9

Emphasis: Player Preparation for School ball tryouts/start of school seasons in Oct/Nov.

SEASON: SIGN UP/NOTIFICATION & ORGANIZING PERIOD: 8/22-8/31
 SEASON: 8/31-11/5 (6th-8th); To 10/9 (grade 9)

PROGRAM COMPONENTS:

- **TEAM PRACTICES & PLAYER SKILL DEVELOPMENT SESSIONS**

- Fall teams have limited # of traditional team practices, mostly early on given the primary goal of player preparation - typically 2 per week the first 2-3 weeks, then once per week for the remainder.
- Team practices early on consist of more team concepts (offense and defense, etc) and situational breakdown work, with about 1/3 of practice time devoted to individual skill drills. As season progresses, focus turns to ½ or more of practice time being spent on live, competitive situational drills (2 vs 2/3 vs 3) and specific offensive individual drills to reinforce development/prep for school tryouts

- **COMPETITION**

Starts near end of Sept and continues through October. Typically Sun or Fri league games and/OR 1-2 local area sat-sun tournaments. NOTE: game schedules DO have some flexibility (*See scheduling note below*)

Important note for 9th graders: KHSAA rules allow 9ths to play in competitions in fall prior to start of fall school tryouts/practices provided they have not officially (regular season) represented their high school in a contest yet

****VERY IMPORTANT! SCHEDULING:**

Fall team schedules are largely custom built for teams, as many are also involved in other Sports or have school team commitments. We work to minimize scheduling conflicts & maximize practice attendance by gathering availability info for players (during signups/early workouts) before finalizing schedule

For planning purposes, most teams practice twice per week from the start date for first 2 or 3 weeks (mid Sept), then opt to go to once per week the remainder of fall. When twice per week, typically it's 1 weeknight & 1 weekend afternoon.

Fall team fees: Range from \$195-\$240 per player, depending on grade level
 Precise amount determined/announced when rosters are set

*Fees cover: Head coach stipend, Staff assistant stipend, Skill Coach assistant, Team insurance, Gym rental for practices/workouts, Balls/equipment & all administrative costs, League fee allowance

How to get Involved or Find out More:

➤ **To Formally SIGNUP for Fall Teams:**

To sign up, email player name/grade & parent contact info (email, cell #) to information@higherlevelbb.com. You may also just forward an email to your coach if you have already been on a team or text info to 502-593-2527

NOTE: On-Floor "Evaluation" Workouts: we hold 1 - 2 open workouts normally for each grade/team. *These are NOT formal tryouts*, but give us a chance to see numbers and positions represented. Parents/players are welcomed to attend to check out our team program with **no obligation**.

Specifics on workouts will be posted at www.higherlevelbb.com beginning 8/26/22 and announced via email.