

**LOOKING TO IMPROVE YOUR SHOOTING PERCENTAGE & CONSISTENCY?**  
**FEEL LIKE YOU'RE A BETTER SHOOTER THAN GAME RESULTS SHOW?**

**ACHIEVE RESULTS LIKE THESE**



## **SUMMER SHOOTING CLINICS**

**Boys & Girls, Grades 4-11**

*Presented by **Higher Level Basketball (HLB)***

### **CLINIC HIGHLIGHTS:**

- 9 total hours of sessions to choose from (4, 5 or 6 sessions)
- Shorter sessions with intense focus on 2 or 3 areas to increase retention & repetition
- Spaced over 2+ weeks to allow players to work on mechanics/drills on their own to internalize new habits, rather than cramming drills over couple of days. ***Studies show new habits take time & repetitions***
- Proven drills across ability levels - same drills used by NBA Shooting Coaches that HLB has worked with
- High repetition work possible on Dr Dish Shooting machine (sessions at 1<sup>st</sup> Baptist gym)

### **Sessions focus on:**

- Foundation – Balance and footwork; learning to land from dynamic movements ready to shoot with good timing
- Establishing consistent Alignment & Set Point for highest leverage and Simple Ball Path (“S curve”)
- Finding natural Release Point, leading to a more controlled, straight Follow Through
- Shooting off the catch (static), off the move (off of screens) & off the dribble



**Program Info also posted on**  
**[www.higherlevelbb.com](http://www.higherlevelbb.com)**

(Schedule & Registration Info on Pg 2)



**For any questions, email [information@higherlevelbb.com](mailto:information@higherlevelbb.com) or text (502) 593-2527**



## Schedule & Registration Info

### Session Options/Schedule:

Afternoon, Evening & Weekend sessions offered and can be mixed in any way parents/players wish. 3 levels of registration are available starting at 4 sessions/6 hours. Rate per hour decreases with each level. See below.

**Gym Locations:** 1<sup>st</sup> Baptist Gym, 8911 US Highway 42, Prospect 40059 (Near Gene Snyder/265 exit onto US 42)  
Middletown Christian Gym, 500 N. Watterson Trail, 40243

### Schedule Options:

	Day	Dates	Time	Location
<b>AFTERNOON</b>	Wednesdays	7/23, 7/30	3-430 pm	1 <sup>st</sup> Baptist Gym
<b>EVENING</b>	Mondays	7/21, 7/28	6-730 pm	Middletown Christian Gym
	Thursday	7/24	6-730	Middletown Christian Gym
<b>WEEKENDS</b>	Saturday	7/19	11am – 1230 pm	1 <sup>st</sup> Baptist Gym

**NOTE: *Makeup dates.*** IF a player can not make all of the desired sessions needed to complete 1 of the levels below, we will be offering 2 makeup sessions the evenings of Thur 7/31 and Mon 8/4. Advise at signup if you will need 1, or both of those makeup times to complete your desired level of participation

### Clinic Participation Levels & Fees

3 Registration Levels offered. Each level includes hours listed **up to** the next level of hours.

**4 Sessions: 6 hours                      \$150**

**5 Sessions: 7.5 hours                    \$170**

**6 Sessions: 9 hours                      \$180**

### TO REGISTER:

1. Email [information@higherlevelbb.com](mailto:information@higherlevelbb.com) with player name, grade, Level # you want and Session Options from schedule OR you can text (502) 593-2527
2. Pay clinic fee to lock in/reserve spot:  
Preferred method of payment is Venmo (to: HlBlouisville), but if preferring to pay via card, please advise and we can get you a direct link to pay from

*Upon registration/payment receipt, a confirmation email will be sent*

**QUESTIONS:** Email [information@higherlevelbb.com](mailto:information@higherlevelbb.com)