

2024 High School AAU SUMMER TEAMS

For 2024-25 Rising 10th Grade Boys
Summer July Live Recruiting Period

NO ACTIVITY MEMORIAL DAY THROUGH START OF KENTUCKY DEAD Period.

- ▶ **Summer Season Start:** End of June (6/29 or 6/30) **End:** Last week of July
- ▶ **Season Emphasis**
 - Primary emphasis on increasing game and situational experience to better prep players for Fall and school tryouts/start of practice
 - Exposure to “Recruiting Trail” and the recruiting process via at least 1 NCAA Certified recruiting event/tournament
- ▶ **Practices**
 - 3-5 practices from 6/29 or 30 through first week of July prior to 1st Summer tournament
 - Typically 1 practice per week the remaining 3 weeks – during tournament weeks
 - Practice schedule built around player availability – each team sets own practice schedule
 - Practice content: 1st week: Team X/O’s and live scrimmage/situational breakdowns. More focus on player skill sets remaining 3 weeks
- ▶ **Tournaments:** typically 3 for each team. Usually play in at least 1, sometimes 2, NCAA Certified Recruiting event. 1-2 are local and 1-2 are regional (Lexington, Cincy, Indy – within 1.5 to 2 hours)
- ▶ **Roster:** Returning players 1st. Remaining spots filled via recruiting and/or individual player tryouts

FOR MORE INFO:

Info also posted on www.higherlevelbb.com & relayed via emails. If NOT on our teams email distribution list, email information@higherlevelbb.com to be added OR text (502) 593-2527

