

# 2024 SUMMER TEAM Program

## Boy's 3<sup>rd</sup> Grade & 4<sup>th</sup> Grade.

### ➤ Summer Season Emphasis

- More work on Player skill sets in live action.
- Developing core competencies (learning to dribble & finish both hands, improving off ball movement, etc.)
- Prepping players for Fall tryouts for their school teams

➤ **Season Length:** 6/10 week through 8/3/24 (approx. 8 weeks.) Starting with evaluation workouts for ALL players (returning & new) for roster placement week of 6/10

➤ **Scheduling:** Summer is a more limited season. Scheduling is largely built around player availability. HLB offers more scheduling options & flexibility on practice attendance given family summer vacations, camps, other sports, etc.

- Practices: average of 1 **regular style** team practice per week: Usually 2 the first 2 weeks 1 per week after
- Skill Sessions: All players attend 3-4 group skill workouts that focus ONLY on player skill sets. There are 2-3 options per week for the last 6 weeks to schedule into those as they fit your schedules (about 15 options to schedule from)
- Competition – Individual games that HLB hosts along with a scrimmage or 2 from 3<sup>rd</sup> week June through July. A local tourney **may** also be an option in July if it fits the team & level.

IMPORTANT NOTE: *We have multiple players each year that also have fall soccer & football starting up in mid/late July. As long as we have good info on those schedules, we can usually build our schedules around those.*

➤ No formal tryouts. Newly interested players can sign up via the online form at [higherlevelbb.com](http://higherlevelbb.com). Returning players notify HLB or your Spring team coach.

**Info also posted on [www.higherlevelbb.com](http://www.higherlevelbb.com) & relayed via emails. If NOT on our team's email distribution list, email [information@higherlevelbb.com](mailto:information@higherlevelbb.com) to be added.**

